

Innovative First Aid Training Program

Designed with the Canadian Workplace in Mind



Every year, more than 620,000 Canadians trust the Red Cross to provide them with the first aid skills and knowledge necessary to respond in an emergency situation.

As a Canadian Red Cross Training Partner, we are proud to offer Red Cross learner-centred, evidence-based first aid training that empowers people across Canada with lifesaving skills while helping workplaces comply with health and safety legislation.

As a response to recent public surveys that have revealed a very low rate of people willing to respond in emergency situations (even among first aid certified), the Red Cross has redesigned its program to increase the participant's confidence and to maximize skill retention by better supporting the different types of learners.

Employer & Employee Benefits with Red Cross First Aid

Red Cross courses are learner-centred. Our Instructors, the cornerstone of participant learning, are using state-of-the-art instructional tools to customize the learning environment to provincial/territorial requirements, to industry-specific needs or to personal learning needs. Participants will watch demonstrations, participate in discussions, engage in hands-on practice and reflection, to ensure they'll confidently understand what to do, rather than just memorize a long list of steps.

With an increased focus on the learning needs of each participant, employees will learn more effectively, enjoy the training more, and be more confident to act in the event of a sudden illness or injury.

The Red Cross First Aid program offers more training options, greater convenience, and flexibility. More of our courses have blended learning options, allowing participants to learn at their own pace. Training materials have been redesigned to focus on the essential skills that people need to have when dealing with an emergency situation. Available in new digital format, the training materials are rapidly updated as new research on better methods of care emerges. Participants of Red Cross programs will now have access to our Comprehensive Guide to First Aid & CPR online, and to a free download of our First Aid app.

Options for self-directed learning will reduce the time employees are required to spend in the classroom, and provide them with access to topical resources that can be reviewed at any time.



Canadian
Red Cross

**Training
Partner**



Core First Aid Courses

Standard First Aid & CPR

Standard First Aid & CPR Blended

Emergency First Aid & CPR

Emergency First Aid & CPR Blended

CPR/AED

CPR/AED Blended

Professional Responder Courses

First Responder

Emergency Medical Responder

Advanced First Aid

Child Care First Aid Courses

Emergency Child Care First Aid & CPR

Standard Child Care First Aid & CPR

Wilderness First Aid Courses

Wilderness & Remote First Aid

Advanced Wilderness & Remote First Aid

Marine First Aid Courses

Marine Basic First Aid

Marine Advanced First Aid

Red Cross uses the latest findings from the evidence-based scientific community as the basis of our program. As scientists and health professionals continue to research new ways to improve care and people's health, we use this information to support the standards of care we have in our program.

First aid training based on the latest science, education and practice of first aid can help reduce lost work time due to injury by improving outcomes for the ill or injured person.

In response to the ever-increasing demand for electronic data management, Red Cross has launched My Red Cross, our new online certification portal. All certifications, along with a unique identification number, will be issued directly to participants and captured in the Red Cross database for a minimum of 5 years. Proof of certification can be emailed to the employer, shown on a mobile device, or printed. Employers and workplace inspectors can validate the certification online with the employee's name and unique ID found on the certificate. Employees can sign-up for recertification reminders during their certification cycle.

The new My Red Cross portal ensures quality control in validating certifications. By request, employers can obtain reports of training records from Red Cross Training Partners.

For workplaces that do not have Internet easily available, we are happy to discuss the most efficient use of these new features.

We know that regulatory compliance is important to you. Canadian Red Cross First Aid programs meet provincial/territorial worker safety and insurance boards legislative requirements for workplace first aid training (except in Quebec where our Training Partners offer the Quebec government's first aid program). All provincial/territorial regulators have also endorsed our electronic method of issuing certification.

Please visit redcross.ca/firstaidlegislation for current information on federal/provincial/territorial legislation.

For more information about these and other exciting opportunities to increase your employees' preparedness, or to answer questions regarding electronic certifications, please contact:



Canadian
Red Cross

**Training
Partner**